

D | Accent HEALTHY LIVING

Culture Editor: Larry Aydlette 561-820-4436 or pbaccent@pbpost.com



Cleveland Clinic Florida

HEALTHY LIVING

When found in its earliest stages, this cancer can often be cured. Q & A, D4

THIS WEEK'S TOPIC: OVARIAN CANCER

MENTAL HEALTH

LIFE LESSONS IN A DARK PAST

Mariel Hemingway explores her famous family's legacy in new book.

By **Jocelyn Noveck**
Associated Press

Many people remember Mariel Hemingway best from her portrayal of the sweet teenager Tracy in Woody Allen's "Manhattan," where she delivered the film's uplifting closing line, a reminder that "You have to have a little faith in people."

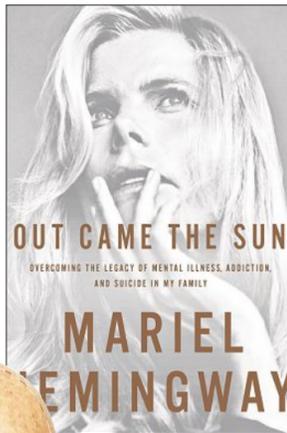
But Hemingway herself, then only 16, was living a life with much darkness in it; her family was plagued by alcoholism, drug addiction and mental illness. And suicide: seven of her family members have taken their own lives, including her famous grandfather, Ernest Hemingway, in 1961, and sister Margaux, the former supermodel, in 1996.

Hemingway, now 53, has written two new memoirs, "Out Came the Sun" and a young-adult version, "Invisible Girl," in which she frankly recounts her family's struggles. The books, she says, are an effort to shine a light on subjects still taboo in our culture. She sat down with The Associated Press to discuss the new books; the interview has been edited for length and clarity.

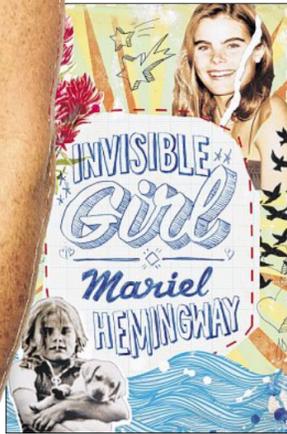
AP: You write at length about alcoholism, drug addiction, mental illness and suicide in your family. Do you feel all these things are connected?

Hemingway: Yes, especially in my family. Look at my grandfather, this extraordinary man, Ernest Hemingway, the greatest writer of the 20th century. But he was also self-medicating pain with a lot of drinking. Then I look at my oldest sister (Muffet), who is still alive, who is wonderful, but ... I think her schizophrenia and mental health issues were triggered by drug addiction. My other sister as well, she was a major alcoholic. And you know, it's a chemical. It changes your brain. In my family, it was never one glass of wine. It was a bottle. And it changes people.

Hemingway continued on D2



Actress and author Mariel Hemingway has written two new memoirs, "Out Came the Sun" and a young-adult version, "Invisible Girl," in which she frankly recounts her family's struggles.



Steve Dorfman
Boomer Health

Thoughts turn to Boston bombing

Wednesday marks the two-year anniversary of the Boston Marathon bombing.

And, while we all recall the appalling scenes that played on a seemingly endless video loop in the days afterward, those of us who weren't there lack a visceral connection to the horror.

However, one South Floridian who will have no trouble remembering how deeply the tragedy affected him is Jupiter head and neck surgeon Dr. Vartan Mardirossian.



Dr. Vartan Mardirossian

That's because Mardirossian was there — plying his medical expertise in the chaotic aftermath of that sickening day.

Surreal atmosphere

The Bulgarian-born Mardirossian was practicing and instructing at Boston University's Boston Medical Center in 2013. His specialties: reconstructive and cosmetic surgery.

On that Monday — Patriots' Day — he says, "I was doing a simple facial cosmetic procedure when I received an urgent call. Bombs had exploded at the Boston Marathon and one of the victims had severe facial injuries."

Making his way to the trauma facility, Mardirossian recalls, "The streets were eerily quiet. There was no traffic anywhere. It was surreal."

When Mardirossian entered the surgical room, the patient — a man in his late 20s who had completed the marathon, then returned to the course to find his dad (also a race participant) — was already being operated on by a neurosurgical team.

"The victim had been hit by shrapnel and his ear had been severed," says Mardirossian.

After reattaching and

Dorfman continued on D5

RETAIL THERAPY

Lilly Pulitzer collection on Target for this weekend

The Lilly Store will hold a kickoff event Saturday at The Gardens Mall.

By **Staci Sturrock**
Palm Beach Post Staff Writer

Diehard Lilly lovers circled April 19 in pink and green weeks ago, but here's a reminder for the rest of us: The Lilly Pulitzer for Target collection, a limited-edition batch of 250-plus resort-inspired items, goes on sale in stores and online Sunday.

Target's interpretations

of the born-in-Palm-Beach brand will include clothes and accessories for women and girls, home goods, beach-going supplies, smartphone cases and even beauty products in 15 patterns and a rainbow of tropical colors.

Prices will range from \$2 to \$150, and almost 200 items are under \$30.

Coincidentally, Lilly fans are invited to "pre-game" on Saturday at the Lilly Pulitzer store in The Gardens Mall.

That Lilly location is celebrating its anniversary with music, snacks and promo-

tions, including gifts with purchase.

The first 50 shoppers will receive a mystery gift with any purchase, and throughout the day, shoppers spending \$250 and up will receive the mystery gift and add-ons such as a travel jewelry pouch, luggage tag, laptop case and garment bag.

The Gardens Mall is at 3101 PGA Blvd., and the Lilly store there can be reached at 561-799-9400.

ssturrock@pbpost.com
Twitter: @StaciSturrock



The Lilly Pulitzer for Target collection includes clothes and accessories for women and girls, and smartphone cases — all in a rainbow of tropical colors. The collection goes on sale Sunday. CONTRIBUTED PHOTOS



True Treasures
Consigned Furniture & Antiques

True Treasures

"Consigned Furniture and Antiques"
Serving Palm Beach Since 1990

True Treasures Sale!

Why Pay Retail When You Can Find A True Treasure?

We Consign, Buy and Sell Fine Furniture.

Please Call Paul for a Home Visit!

15% OFF
Tag Price

Offer Expires 4/21/15

1201 U.S. Hwy. 1, Suite 15
North Palm Beach, FL 33408
561.625.9569

3926 Northlake Blvd
Palm Beach Gardens, FL 33403
561.694.2812

Visit our new website
www.truetreasuresinc.com